

# Picking Stocks Intro

**Disclaimer: Not Financial Advice**

# Picking Stocks?

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For the vast majority of people, I would recommend with going for Very Large market cap companies (ie. Google, Microsoft, Apple, Amazon etc) or Index funds(S&P 500), and investing moderate sums of money in them at good timing, determined by fundamental and financial metric analysis, and analysis of external and internal factors

For those with a bit more risk tolerance, you can branch out into high to mid market cap companies, as you will have higher volatility, meaning you can have more gains, but more losses

For those who have high risk tolerance, you can branch out into small and micro market cap companies. These companies are very volatile and can gain a lot in a day, and lose a lot in a day.

# Video

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# Activity

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1. Pick 5 Stocks that you want for the long term
2. Monitor the performance of those 5 stocks
3. Reflect on why the price had changed the way they did